

YAY!

INTERSESSION

2012

November 8, 2011

Dear Parents,

Notre Dame's Intersession Program is designed to provide students with educational experiences not usually found in a classroom setting and to give faculty and students an opportunity to explore mutual interests on or off-campus. Therefore, students are **required** to participate in this program and will receive three days of unexcused absences for non-attendance during Intersession. Please refer to the Parent Student Handbook, page 19.

This year, Intersession will run from Tuesday, March 13 through Friday, March 16, 2012. Monday, March 12 is a school holiday. There will be required meetings with teachers for Intersession information during our collaboration period on Friday, March 2, 2012. Please note: Intersession is not a Tri-School event. Students enrolled in Tri-School courses will not be penalized for missing classes and will have ample opportunity to catch up on information disseminated during Intersession. Students must register for Intersession courses online.

Please assist your daughter in making her selections. Course fees are calculated based upon two factors: the number of students enrolled in each course and the nature of the activity. It is important, therefore, that you understand the total cost of a course and make your commitment accordingly. Following Archdiocesan Guidelines, each course is attended by the appropriate number of chaperones, which include faculty, staff, and Notre Dame-sanctioned adults over the age of 25 years. During an Intersession cycle, travel for Family Trips must be with family members and may only be taken once (see Policy in Parent Student Handbook pg. 19). **School resumes on Monday, March 19, 2012 and students are expected to be present for their classes.**

A \$10.00 late registration fee will be charged to any student who has not signed up online for a course by November 29, 2011. A \$35.00 processing fee will be charged to any student who needs to change her course selection after December 16, 2011. The number and diversity of course offerings make it critical that all students meet these deadlines. **All student athletes should be aware of their coaches' requirements regarding participation in spring teams, training and games when selecting an Intersession course.**

We look forward to sharing this special time with our students, and know that your support of the Intersession Program will guarantee its success and the enjoyment of the entire Notre Dame community.

Thank you,

JoAnn Kozloski
Associate Principal

INDEX OF COURSES

PLEASE NOTE: THE CODING OF (S) AFTER THE COURSE TITLE INDICATES *SERVICE HOURS* ARE AVAILABLE WITH THIS COURSE.

STUDENT ATHLETES

PLEASE CHECK WITH COACHES PRIOR TO SELECTING A COURSE.

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ON-CAMPUS COURSES



Course Number: A-1
Course Title: **Campus Beautification (S)**
Instructors: Mr. Schultz
Days/Time: Tuesday, Wednesday, Thursday & Friday 9:00 am – 1:00pm
Location: NDB
Open to Grades: 9-12
Course Cost: \$25.00
Number of Students: 20

Description:

Students will have a range of opportunities to improve the campus grounds, assist with staff projects, and in other ways benefit our beautiful community. **Students will receive 16 NDB Service Hours for participation.**

Course Number: A-2
 Course Title: **Community Mural Painting at NDB (S)**
 Instructors: Ms. Lindsey and Mr. Wall
 Days/Time: Tuesday, Wednesday, Thursday 10:00 am - 3:00pm Lunch Provided
 Friday 9:30 am- 1:00 pm Snacks Provided
 Location: Various Sites on Notre Dame Campus
 Open to Grades: 9-12
 Course Cost: \$37. 00
 Number of Students: 24

Description:

In the tradition of the Precita Eyes mural painters in San Francisco's Mission District, NDB students will collaboratively design and paint a mural together on the walls of NDB. Our 2012 mural may include the fence outside the pool area and an interior wall still to be determined. Lunch will be provided Tuesday, Wednesday and Thursday. Students will have the opportunity to **earn up to 15 community service hours**.

Please note: There will be some planning prior to the start of Intersession for this course

Course Number: A-3
 Course Title: **Get Crafty**
 Instructor: Ms. Covarrubias
 Days/Time: Tuesday, Wednesday, Thursday & Friday. 10:00 am - 2:00 pm.
 Location: Room 263
 Open to Grades: 9-12
 Course Cost: \$25.00
 Number of Students: 20

Description:

Paper is an extremely versatile medium that offers so much room for creativity. In Get Crafty you will learn how easy it is to make your own paper, marble on paper, and recycle paper to make objects from papier maché. The course fee includes all the materials needed for the course.

Course Number: A-4
 Course Title: **Gone with the Wind -Let's Make Wind Chimes!**
 Instructor: Ms. Russell
 Days/Time: Tuesday, Wednesday, Thursday & Friday. 8:00 am - 12:00 pm.
 Location: Room 118
 Open to Grades: 9-12
 Course Cost: \$15. 00
 Number of Students: 8

Description:

Can you think of all the fun and neat materials YOU can use to make YOUR very own wind chime? Good, because that's what we are going to do in this course! We will be hand crafting wind chimes using recycled goods, household items, personal treasures, store bought trinkets, and a plethora of other interesting and odd materials. **We will visit an Arts & Crafts Store, Michaels, on Tuesday. Students should bring extra money if they wish to purchase extra supplies from Michaels.** Come ready to relax to the sounds of island music while creating your very own sounds that will be gone with the wind!

Course Number: A-5
 Course Title: **Happiness Project**
 Instructor: Ms. Casey and Ms. Sarconi
 Days/Time: Tuesday, Wednesday, Thursday & Friday 8:00 am - 12:00pm
 Location: Rooms 252 & 254
 Open to Grades: 9-12
 Course Cost: \$25.00
 Number of Students: 32

Description:

Life sure can get stressful, and with all that stress happiness can...just...disappear. Let's spend four days together doing fun things together and DISCOVERING WHAT MAKES YOU UNIQUELY HAPPY. Singing in the rain? Dancing like no one is watching? Painting? Journaling? Meditating? Walking in nature? Drawing? There is no greater joy in life than to be true to who you really are. We'll spend four days exploring the questions: Who am I? Where am I going? What makes me genuinely happy? How can I be happier every day? And, as we explore those questions, we will do fun activities together and develop life tools you can use now and far into the future to be happy and stay happy.

Course Number: A-6
 Course Title: **I Am Cake Boss**
 Instructors: Ms. Schaefer
 Days/Time: Tuesday, Wednesday, Thursday & Friday 12:00 pm – 4:00 pm
 Location: NDB Kitchen & Dining Room
 Open to Grades: 9-12
 Course Cost: \$80.00
 Number of Students: 16

Description:

Learn the secrets of great cakes. Wow your friends and family at the next party with *your* amazing creation. We will spend four days learning tricks and tips, baking yummy snacks and finish with a "bake off" in which your final cake will be judged to determine who the NDB Cake Boss© is. So dig out your aprons, dust off your bake-ware and get ready to have some delicious fun this Intersession!

PLEASE NOTE:

THERE WILL BE SOME PRE-INTERSESSION WORK REQUIRED FOR THIS COURSE

Course Number: A-7
 Course Title: **It's my Party!**
 Instructor: Ms. Ortega
 Days/Time: Tuesday, Wednesday, Thursday & Friday 9:00 am - 1:00pm
 Location: Room 253
 Open to Grades: 9-12
 Course Cost: \$25.00
 Number of Students: 20

Description:

Do you have a sweet 16, quinceañera, or graduation party that you are looking forward to throwing? Can't wait to plan it? THEN DON'T! Why hire some expensive party planner when you can start figuring out the details yourself! Learn what goes into planning a formal event! Flowers? Invites? Venue? Menu? Oh, and most importantly, start making a BUDGET! All you need is your laptop and some inspiration and you can come up with a plan of action. By the end of the week you'll have a killer inspiration board and a responsible budget to present to your parents.

Course Number: A-8
 Course Title: **Joy of Dance with food, fun & film!**
 Instructor: Ms. Lorenz
 Days/Time: Wednesday, Thursday & Friday 9:30am - 2:50pm
 Location: Small Gym & Room 121
 Open to Grades: 9-12
 Course Cost: \$45.00
 Number of Students: 25

Description:

Enjoy the dance styles and food from three famous movies. We'll dance up a sweat, and then eat while watching three all time favorites. We'll learn Latin styles of dance, including salsa and tango. Then enjoy a feast of tacos, enchiladas, and burritos while watching the movie "Strictly Ballroom". Enjoy the fun and character styles of musical theatre dance, followed by a lunch of burgers, fries, and milkshakes with the movie "Hairspray". We'll finish up with Contemporary Jazz – New York style. Learn the style of dance that is the hit in all New York and big city studios. Afterwards enjoy some New York Pizza, salad, and root beer floats while watching the dance movie "FAME". Put on your dancin' shoes and join us!

**NOTE: THIS COURSE DOES NOT MEET ON TUESDAY 03/13
 IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
 ehgarty@ndhsb.org**

Course Number: A-9
 Course Title: **Learn How to Draw...ANYTHING!**
 Instructor: Ms. Uribes
 Days/Time: Tuesday, Wednesday, Thursday & Friday 8:00 am - 12:00pm
 Location: Art Room
 Open to Grades: 9-12
 Course Cost: \$10.00
 Number of Students: 25

Description:

Drawing is a learned skill that can be broken down into components making it accessible to everyone. Come and work with Ms. Uribes in the art room and she will show you how to draw anything through a series of steps. You will be amazed at your results! Some basic supplies will be provided, but students may choose to bring additional supplies such as :

- 12"x16" (or larger) sketch pad
- extra HB or #2 pencils
- Eraser (preferably a kneaded eraser)
- Pastels (either dry or oil) set of 12 colors
- plus any other drawing media you enjoy!

If you have any questions about the supplies, please talk to Ms. Uribes in the art room

Course Number: A-10
 Course Title: **Meals with Mac**
 Instructor: Mr. McKenna
 Days/Time: Tuesday, Wednesday, Thursday & Friday 8:00 am - 12:00pm
 Location: NDB Kitchen and Dining Room
 Open to Grades: 11 & 12
 Course Cost: \$95.00
 Number of Students: 15

Description:

Do you like to eat? Can you cook a meal without using a microwave? Cooking can be fun and enjoyable if you know what you are doing. Let Mr. McKenna show you how to prepare various types of food from appetizers to breakfast to main courses and casseroles. Learning to cook is another step to independence.

Course Number: A-11
 Course Title: **Meditation and More...**
 Instructors: Ms. Sequeira & Ms. Dinglasan
 Days/Time: Tuesday, Wednesday, Thursday & Friday 9:00 am - 1:00pm
 Location: Campus Ministry
 Open to Grades: 9-12
 Course Cost: \$45.00
 Number of Students: 32

Description:

Come with us to learn new ways to let stress go, improve your self image and get in touch with who you are--nature walks, meditations, some yoga, art projects and more. Surprise guest facilitator for one day--Gregg Cassin!!!

Course Number: A-12
 Course Title: **Musical Theater Fun!**
 Instructor: Ms. Pfeifer
 Days/Time: Tuesday, Wednesday 8:00 am-1:30 pm. Thursday 8:00-1:00 pm
 Location: Room 10
 Open to Grades: 9-12
 Course Cost: \$15.00
 Number of Students: 20

Description:

Come and watch your favorite musicals with us and join in lively discussion what YOU think makes them great! Each day we will watch two musicals. Between the first and second musical we will discuss what we enjoyed or did not enjoy about the show. After the second show we will get crazy and creative! You will choose to create a movie poster of one of the movies you watched that day or learn one of the songs that you most enjoyed. YOU get to choose (i.e. non-singers do not have to sing)! Some possible musical selections: South Pacific, Carousel, Chicago, Rent, Sound of Music, Godspell, Tommy, Moulin Rouge, Footloose, Singing in the Rain, Gypsy, Fiddler on the Roof, Little Shop of Horrors, Hairspray, West Side Story, The Wiz, Hello Dolly, AIDA, The Music Man.

Course Number: A-13
 Course Title: **Project Runway at NDB**
 Instructor: Ms. Fatum
 Days/Time: Tuesday, Wednesday, Thursday & Friday 9:00 am - 3:00pm
 Location: Room 256
 Open to Grades: 9-12
 Course Cost: \$80.00
 Number of Students: 16

Description:

Have you ever watched project runway and wished that you could make clothes like the ones you see on the runway? Well now you can learn how to get started! In this course you will learn how adjust a store bought pattern to fit you and bring in your own design and flair. No experience with a sewing machine necessary! Materials, a sewing kit (scissors, pins, needles, tape measure, seam ripper) and marking pencils are included in the course fee.

On Wednesday, we will drive to JoAnn Fabrics in San Mateo to purchase supplies. Designers, in the words of Tim Gunn, make it work!

Course Number: A-14
 Course Title: **Scrapbook with Kip**
 Instructor: Mrs. Kipilman
 Days/Time: Tuesday, Wednesday, Thursday & Friday; 8:00 am – 12:00 pm
 Location: Room 234
 Open to Grades: 9-12
 Course Cost: \$70.00
 Number of Students: 20

Description:

Do you like taking pictures? Do you have a digital camera that has hit its memory capacity or a box full of photos? Then this is the course for you. Let Mrs. Kipilman share her love of scrap booking with you. Turn your photos and mementos into a scrapbook that you will always cherish. Learn how to design page layouts that tell a story and preserve your personal or family history through your scrapbook. **Students will need to provide: photos, memories, mementos, and creativity.** Fee includes: 12x12 scrapbook, adhesive, papers, embellishments and a personal cutting tool.

Course Number: A-15
 Course Title: **www,MeOnLine.WordPress.com**
 Instructor: Ms. York
 Days/Time: Tuesday, Wednesday, Thursday & Friday 9:00 am - 1:00pm
 Location: Room 114
 Open to Grades: 9-12
 Course Cost: \$15.00
 Number of Students: 20

Description:

Do you want to have a website you can call your own? Do you have a perspective that you want to share? Well, you are in luck! This course will help you define and create your online presence using the powerful and savvy Wordpress platform. Develop a website that will grow with you as you move through NDB and beyond. During this course, you will create a website including a blog, photos, videos, links and many other features. You will also learn basics of iMovie to create a 60-second video of who you are. At the end of this course, you will walk away with a product, your very own website! Please bring your lunch. Snacks will be provided. Please contact Ms. York for more details.

Course Number: A-16
Course Title: **Yearbook for Fun**
Instructor: Ms. Brady
Days/Time: Tuesday, Wednesday & Thursday 8:00 am – 1:20 pm
Location: Room 120
Open to Grades: 9-12
Course Cost: \$65.00
Number of Students: 16

Description:

What is it that makes your yearbook so very special? Would you like to be an Editor-in-Chief next year? Learn the journalistic principles/techniques of photography, layout, content, and captions. Jostens representative Tammy Whitaker will do a presentation of the latest trends in year booking. On Thursday students will have a morning of scrap booking and creative note cards, using the latest trends/techniques of yearbook publications. Experience the yearbook deadline celebration. Lunch at a local restaurant will follow each morning session. We will walk to the restaurant and back to school. Your fee covers scrap booking supplies and lunch.

**NOTE: THIS COURSE DOES NOT MEET ON FRIDAY 03/16
IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
ehegarty@ndhsb.org**

OFF-CAMPUS COURSES



Course Number: B-1
 Course Title: **Bay Area Body, Mind, and Soul**
 Instructor(s): Mr. Martin-Spencer and Ms. Sullivan
 Days/Time: Tuesday, Wednesday & Thursday 8:30am - 4:00pm
 Meeting Point: NDB Front Parking Lot
 (Course will NOT meet on March 16)
 Location: Henry Cowell Redwoods State Park: Fall Creek Unit
 California Academy of Sciences
 Mission San Carlos Borromeo de Carmelo
 Open to Grades: 9-12
 Course Cost: \$80.00
 Number of Students: 16
 Transportation: Martin-Spencer mini-van and parent volunteer drivers

**If your parent or guardian is interested in volunteering please contact Mr. Martin-Spencer
rspencer@ndhsb.org**

Description:

Bay Area Body, Mind, and Soul offers an incredible opportunity to experience and appreciate the magnificent richness of the Bay Area and surrounding locales. Nourish your body, mind, and soul!

1. Day One (Body): Hike the beautiful Fall Creek Unit of Henry Cowell Redwoods State Park in the Santa Cruz mountains. The easy to moderate hike will twist through amazing redwood trees and terrain teeming with bright banana slugs and a glistening flowing creek. Explore enormous limekilns from a century ago, tucked into the forest hillside and used to produce lime for mortar and bricks from a different era.
2. Day Two (Mind): Activate your curiosity and thirst for learning by immersing yourself in the outstanding atmosphere and exhibits at the California Academy of Sciences in San Francisco's Golden Gate Park. Learn about native habitats, climate change, evolution, and take-in the amazing aquarium and living roof.

Afterwards, stroll through Golden Gate Park and learn how to keep your mind alert and young by playing Hacky Sack.

- Day Three (Soul): Mission San Carlos Borromeo de Carmelo, also known as the Carmel Mission, has gained worldwide fame for its centuries-old beauty and original authentic Spanish mission style. Founded by Blessed Junipero Serra in 1771, the Mission offers an unforgettable glimpse into the heart and soul of old California. After touring the Mission Church, grounds, museum, and store, take time to renew your soul and connection with God through the tranquil beauty of the beach at Carmel By the Sea.

**NOTE: THIS COURSE DOES NOT MEET ON FRIDAY 03/16
IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
ehgart@ndhsb.org**

Course Number: B-2
 Course Title: **Clay Creations**
 Instructor: Ms. Fleig, Professional staff at Clay Creations, Pacifica
 Days/Time: Tuesday, Wednesday, Thursday & Friday 10:30am – 2:30 pm
 Location: Clay Creations Studio
 2316 Palmetto Ave.
 Pacifica, CA
 Open to Grades: 9-12
 Course Cost: \$175
 Number of Students: 8

Transportation: Please meet at Clay Creations by 10:15 AM each day. Transportation will not be provided though students are encouraged to carpool with each other. Ms. Fleig can help you find other students to carpool with.

Description:

Simple but impressive handmade pottery can be yours on this Intersession trip to Clay Creations Studio in Pacifica. Come play with clay and create what your heart desires! Professional sculptors will teach you how to use a potter's wheel and guide your work until you leave with a glazed piece of finished pottery worthy of admiration. Bring a lunch to enjoy at the beach, which is just a block away, and enjoy the local walking trails while you're at it. Get your hands dirty, relax at the beach, and leave with a beautiful piece of artwork and a new skill!

Course Number: B-3
 Course Title: **Foodie: Farm to Table**
 Instructor(s): Ms. Connolly and Ms. Boardman
 Chaperone: Volunteer chaperone needed – contact econnolly@ndhsb.org if interested.
 Days/Time: Wednesday 9:00am-3:00pm
 Thursday 9:00am-5:00pm
 Friday 9:00am-3:00pm
 Location: San Francisco: Gough and Eddy,
 5th and Minna
 Ferry Building (Embarcadero)
 The Mission District
 Open to Grades: 9-12
 Course Cost: \$130
 Number of Students: 24
 Transportation: BART (to and from Millbrae or meet in SF)

Description:

San Francisco is a world-class city known for its culinary delights. Come experience the progression from dirt to deliciousness. In this three day course you will have the chance to volunteer at Free Farm, a farm that gives away produce to people who need it, (**earn 3 service hours**) make your own sour dough bread with a starter to take home, learn more about efforts to help low-income food entrepreneurs start their own business at La Cocina, wander the stalls of the Ferry Building Farmers' Market and EAT.

We will sample delights from the food trucks of Off the Grid, nibble our way through the Ferry Building and tickle our taste buds in the Mission. You'll get to try bacon maple apple donuts from Dynamo Donuts, balsamic caramel ice cream at Humphrey Slocombe, Cowgirl Creamery cheeses, Acme bread, Out the Door spring rolls, Curry Up Now's chicken tikka masala burrito and more. A Notre Dame girl's dreams come true.

We will be traveling on BART and walking in San Francisco. Costs of the trip include transportation and the sour dough class. Additional money will be needed for buying food. Recommended: \$20 a day (dependent upon appetite).

**NOTE: THIS COURSE DOES NOT MEET ON TUESDAY 03/13
IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
ehgarty@ndhsb.org**

Course Number: B-4
 Course Title: **Independent College Visits**
 Instructor: Mrs. Montgomery
 Days/Time: Students may travel anytime during Intersession week
 Location: To be determined by student and family
 Grade Level: 10, 11, 12
 Cost: \$5.00 (admin fee)
 Number of Students: 30

Description:

Campus visits are an essential part of a student's college selection process. By visiting colleges and universities you get a sense of the environment and admission requirements, and can narrow your choices when applying for college in your senior year. A campus visit and interview, if available, can help the Admissions Committee know about your interest in their college. The student and her family pre-plan to visit colleges independently. Mrs. Montgomery MUST approve the itinerary.

Course Number: B-5
 Course Title: **Law and Order**
 Instructor: Mrs. Kingsley
 Chaperones: 2 parent chaperones NEEDED for Wednesday group travel
 Days/Time: Tuesday 8:00am - 3:00pm
 Wednesday 8:30am - 3:30pm
 Thursday 8:00am - 3:00pm
 Locations: Tuesday: NDHSB (presentations by FBI and DEA)
 Wednesday: SFPD Mission Station, SWAT headquarters in SF - **meet at Millbrae BART**
 Thursday: Redwood City County Courts, Redwood City Jail, San Mateo County Crime Lab - **meet in Redwood City**
 Open to Grades: 9-12
 Course Cost: \$105 (cost includes lunches on all 3 days, BART and bus transportation on Wednesday)
 Number of Students: 20

Transportation: Students are responsible for their own transportation to and from all meeting locations (note that every day has a different meeting spot).
 Tuesday: NDHSB (presentations by FBI and DEA)
 Wednesday: **meet at Millbrae BART**
 Thursday: **meet in Redwood City then drive to the San Mateo County Crime Lab**

Description:

Students will experience the careers of FBI agents, SWAT, police officers, DEA, secret service, crime lab detectives, judges and lawyers in this jam-packed 4 day course! We will tour various departments, courtrooms, jails, and labs in the bay area. You will learn how to cast fingerprints, search for and bag evidence, control a bomb detonating robot, see a trial in session, tour the SFPD Mission Station and see their gun vault, and much more! Cost covers public transportation on one day and lunches on all four days. Students MUST be able to drive themselves to and from 2 different locations on one day. This course filled up quickly 2 years ago, so be among the first to sign up!

**NOTE: THIS COURSE DOES NOT MEET ON FRIDAY 03/16
 IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
 ehgarty@ndhsb.org**

Course Number: B-6
 Course Title: **She's Got Skillz!**
 Instructor: Ms. Calamba
 Days/Time: Wednesday & Thursday 8:15am -12:15pm
 Friday 8:15am - 4:00pm
 Location: Sawyer Camp Trail, Golden Gate Park, NDB
 Open to Grades: 9-12
 Course Cost: \$45 workshop + additional costs for food and transportation
 Number of Students: 8
 Transportation: Public transportation, Calamba SUV, parent/student driver

Description:

Wanna learn three skills that will last you a lifetime in three days? Running can be the cheapest and quickest stress reliever out there. Just throw on your running shoes and go. The second skill is self-defense. Take a three-hour crash course to meet your inner Tiger when you may need it the most. A martial arts instructor will teach this course. The third skill, learn how to navigate yourself around the best city ever, San Francisco via public transportation. When you're off to college, you'll need this skill to read train schedules and city maps. We'll also learn about eating healthy by visiting an organic café for lunch. Join us for three life-changing days of Intersession!

Day 1: Meet at Sawyer Camp Trail for a 2-5 mile run. Make sure that you bring a snack and a bottle of water. After the run, head over to Road Runner Sports in San Carlos to get assessed and learn about your running gait to reduce injuries. You are not required to buy new running shoes!

Day 2: Meet at NDB for a three-hour self-defense/ kickboxing workshop on campus. Bring a snack and a bottle of water. Lunch will be provided.

Day 3: Meet at NDB and take public transportation to Golden Gate Park for a 2-5 mile run. Bring your lunch money for when we check out Plant Café Organic in San Francisco. Healthy eating is essential for running. Learn how to ride public transportation to and from San Francisco via Cal Train, BART, Muni and/or bus. You will master your way to read schedules and city maps. Don't forget to bring cash for the ticket machines.

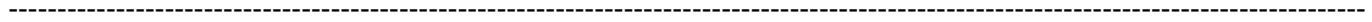
**NOTE: THIS COURSE DOES NOT MEET ON TUESDAY 03/13
 IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
 ehgarty@ndhsb.org**

Course Number: B-7
 Course Name: **Taste of the Mission**
 Instructor: Ms. Vallez-Kelly
 Days/Times: Tuesday, Wednesday & Thursday 7:30am – 3:00pm
 Friday 11:00am – 10:00pm
 Locations: Mission District – San Francisco
 St. Peter Parish School
 Mission District Murals
 Mission Dolores
 Mission Cultural Center
 Galeria de la Raza
 Various taquerias/restaurants in the Mission
 Mission District stores

Course Cost: \$95 (includes transportation (BART), 4 lunches, 1 dinner, pan dulce each morning and all activities.
 Open to Grades: 9-12
 Number of Students: 8
 Transportation: Meet at Millbrae to take BART with instructor.

Description:

Immerse yourself in the diverse Latino culture of San Francisco’s Mission District. This area of San Francisco is rich in ethnic and civic history. As part of this “stay-at-home” immersion trip, you will work with elementary school children at St. Peter Parish School, tour the murals of the Mission District, take a salsa dance class, go shopping and indulge in the many tasty taquerias and restaurants that the Mission District offers. If you are unable to go on an immersion trip but you would like an immersion experience, then this is the trip for you! Participants will **earn 15 hours of general community service. This trip would also qualify for spring junior CSP hours.**



OVERNIGHT COURSES



Course Number:

C-1

Course Title:

Close-Up Washington D.C

THIS COURSE REQUIRES INSTRUCTOR APPROVAL AND PRE-ACCEPTANCE

Instructors:

Ms. Mitchell and Ms. Hurley

Departure:

Sunday, March 11

Return:

Friday, March 16

Location:

Washington DC

Open to Grades:

10-12

Course Cost:

\$2000.00 **PAID DIRECTLY TO CLOSE-UP**

Transportation-

Air

Number of Students:

Description:

Are you ready for a once in a lifetime experience?!?! Then this is the trip for you. Close-Up is an award winning trip that brings together students from all over the country for one unforgettable week in Washington D.C. You will have hands-on, behind the scenes access to our nation's capital learning about the workings of American government. Washington D.C. becomes your classroom as you travel around the city with your Close-Up program instructor, girls from Notre Dame and the new friends you'll meet along the way. You will have an opportunity to explore D.C.'s most famous sites as well as a visiting Georgetown and other local universities. You do not want to miss out on this amazing week, you will come away with lessons learned, memories made, and friends for life! Price includes: airfare, program fees, hotel, and all meals while on program.

Course Number: C-2
 Course Title: **Disneyland and California Adventure**
 Instructors: Mr. Santos & Ms. Bruno
 Departure: AM Tuesday, March 13
 Return: PM Friday, March 16
 Location: Anaheim
 Open to Grades: 9-12
 Course Cost: \$600
 Transportation: Passenger Van
 Number of Students: 16

Description

Do you like fun? Me too! Come spend two days at the Disneyland Resort. One day will be spent at Disneyland and the other will be at California Adventure. On our first night you'll get a chance to experience a bonfire on Huntington Beach (weather and time permitting). So grab your Mickey Mouse hats and come with us to the Happiest Place on Earth!

**Please note final cost may be lower depending on student enrollment.
 Students will be responsible for spending money and food purchase.**

Course Number: C-3
 Course Title: **Family Trips**
 Instructor: Ms. Hutchins
 Days/Time: Intersession Week- All students return to school on Monday, March 19.
 Location: Determined by Family
 Open to Grades: 9-12
 Course Cost: \$5 (Administrative purposes)
 Number of Students: unlimited

Description:

Family Travel is considered a value and provides a learning experience beyond the classroom structure. The Family Trips Program (scheduled during the week of Intersession) is a unique opportunity for families to participate in an educational experience broadened by one's exposure to different people, places, cultures, food, and lifestyles.

Requirements:

Students register for "Family Trips" as they would for any other Intersession course. Intersession Coordinator MUST approve travel itinerary. All travel must occur within the week of Intersession (although the weekends before and/or after may also be included).

All travel must be taken with family members.

The student must provide evidence of the family trip, this can take the form of a journal photographs or other mementos.

Students who participated in Family Trips during the last Intersession may not participate in this activity again.

Course Number: C-4
 Course Title: **Mexicali Immersion Trip through Via International (formerly called Los Niños)**
THIS COURSE REQUIRES ADVANCE SELECTION WITH ACCEPTANCE BASED ON APPLICATION/INTERVIEW PROCESS.

Instructors: Ms. Winn, Mr. Lee, Ms. Barcelona and Via International Program Staff and Leaders
 Departure: Sunday, March 11
 Return: Saturday, March 17
 Location: Mexicali, Mexico
 Open to Grades: 9-12
 Course Cost: \$900.00 (**PAID DIRECTLY TO INSTRUCTORS**)
 Number of Students: 16
 Transportation: Air & rental vans through Los Niño International, and Via International vehicles and staff drivers in Mexicali
 Number of Students: 16 maximum (students go through an application and interview process with Campus Ministry and only accepted students may apply. If you are interested and did not apply, please see Ms. Winn ASAP!)

Description:

Students participate in a Mexicali, Mexico Campus Ministry Immersion trip through Via International (formerly Los Niños) non-profit organization that has 3 decades of experience leading these types of service abroad trips! Past participants have found the Los Niños Immersion Trip to be a powerful and personally transforming experience of community, culture, and faith, and we wish the same for you! You participate in service learning and earn **50 community service hours**. Immersion trip group works with local community development projects, learns about microcredit and microenterprise initiatives, supports social justice and environmental restoration efforts. Our group visits a nopales cactus farm, works with the women's bee cooperative, and learns regional traditions, experiences local culture, and studies border issues. And a highlight is getting to taste and even learn to prepare some traditional foods! Other possible field experiences may include mixing and laying cement, digging ditches, visiting orphanages, and painting classrooms. Participants also interact with speakers knowledgeable in pertinent topics regarding Mexico, U.S./Mexico relations, the environment and ecology, health and nutrition, human rights, and economic issues in the border region. Participants engage in service within a context that calls for solidarity with people who are marginalized by society. Students experience community and self-discovery through the combination of shared experience, reflection, prayer, and simple living. The Immersion Trip helps participants come to the realization that the gospel message of love and service is only fully realized through action. For more information, please contact Ms. Winn in Campus Ministry at cwinn@ndhsb.org or visit <http://www.viainternational.org> and the flyer about the Mexicali trip in particular at [http://www.viainternational.org/pdfs/Mexicali Flyer.pdf](http://www.viainternational.org/pdfs/Mexicali%20Flyer.pdf)

Course Number: C-5
 Course Title: **NDB Hits Spring Training 2012**
 Instructor: Mr. Levine
 Chaperones: Ms. Severi, Ms. Okubo, Ms. Iannone
 Departure: AM Tuesday March, 13
 Return: PM Friday, March 16
 Location: Greater Phoenix Area, AZ
 Open to Grades: 9-12
 Course Cost: \$1100.00
 Number of Students: 40 (minimum 16 needed)
 Transportation: Airlines, Tour Bus

Description:

TAKE...ME OUT TO SPRING TRAIN.....ING!

NDB and Spring Training in 2012! Take a break from the doldrums of March and see Major League Baseball in action at Spring Training in Arizona. Visit four different ballparks, try to get your favorite players' autographs, load up on the ball park food, and get your favorite souvenirs. This trip includes seeing a Phoenix Suns basketball game, visiting Arizona State University, hitting a Day Spa, checking out a mall, seeing a show or a movie and other AZ attractions. We will fly to Arizona and back, and have our very own tour bus to take us around town! FOR ITS 1.....2.....3.....4 GAMES TO SEE AT SPRING... TRAIN....ING!

Course Number: C-6
 Course Title: **Oregon Shakespeare Festival**
 Instructors: Mr. Keller, Ms. Molnar & Ms. Wadbrook
 Departure: Wednesday, March 14
 Return: Friday, March 16
 Location: Ashland, OR
 Open to Grades: 9-12
 Course Cost: \$700
 Max. # of Students: 30 (Minimum 15 needed)
 Transportation: Chartered Bus

Description:

See great productions of wonderful plays, Animal Crackers (a musical comedy), Shakespeare's Romeo & Juliet, and The White Snake (based on a Chinese myth, similar to "The Little Mermaid" story.) We will travel by bus to Ashland, Oregon, tour the authentic Shakespearean stage, and hear from the actors in the plays. Our first play is the evening of 14 March. On Thursday, we will visit the museum and quaint boutiques in Ashland, meet with the actors and tour the theatre. We will see a matinee, and an evening performance. Friday, we bus back to Belmont. The fee covers transportation, lodging, breakfasts, and all tickets for the performances and tours. **Dinner Wednesday, lunch and dinner Thursday, and lunch Friday are NOT included in the price.**

**NOTE: THIS COURSE DOES NOT MEET ON TUESDAY 03/13
 IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
 ehgarty@ndhsb.org**

Course Number C-7
 Course Title **Six Days 5 Nights in NYC**
 Instructors: Mr. Ryerson and Mrs. Yao
 Departure: Sunday, March 11
 Return: Saturday, March 17
 Location: New York City
 Open to Grades: 9-12
 Course Cost: \$2500.00 **PAID DIRECTLY TO INSTRUCTORS**
 Number of Students: 36 (Minimum 10 needed)
Initial meetings have already been held and deposits collected.
 Transportation: Air and Bus

Description

We will make a thorough tour of Manhattan--- The Statue of Liberty, Ellis Island, Ground Zero, the Village, Little Italy, Central Park, Rockefeller Center, Radio City Music Hall---and visit Museum. We will also step out in Times Square on our way to Broadway shows. The trip will also include on day of Midtown and Fifth Avenue shopping. Hotel accommodations, breakfasts, all transportation, and event tickets are provided, as well as one dinner. New York is on the great cities of the world, and we will touch upon many important sites at the cultural and historic heart of it. Come join us in the Big Apple!

Course Number C-8
 Course Title: **Winter in Yosemite**
 Instructors: Mr. Herrmann and Yosemite Institute program instructors
 Departure: 7AM, Tuesday 3/13
 Return: 6PM, Thursday 3/15
 Location: Yosemite National Park

Open to Grades: 10-12
 Course Cost: \$325 (\$400 -\$75 deposit paid directly to Mr. Hermann)

To register for this course, you must meet with Mr. Herrmann first and pay a NON-REFUNDABLE \$75.00 deposit, required by the Yosemite Institute. The balance is paid through the online store.

Max. # of Students: 32

Transportation: Motor coach

Description: Students will travel to Yosemite National Park for a two-day, two-night outdoor educational experience through the Yosemite Institute, a residential educational and recreational program situated in Yosemite Valley. Students will explore the park, participating in outdoor activities such as hiking, sightseeing, snowshoeing, ice skating or cross-country skiing, all the while taking part in workshops and lessons on subjects such as ecology, history, and leadership. Costs include transportation to and from (and around) Yosemite, program tuition and supervision, overnight accommodations in heated tent cabins, and three meals-a-day. This is a wonderful opportunity to see and experience one of the most beautiful places in the world during the gorgeous less crowded winter season!

**NOTE: THIS COURSE DOES NOT MEET ON FRIDAY 03/16
 IF YOU NEED TO BE ON CAMPUS THAT DAY, PLEASE CONTACT DR. HEGARTY
ehgarty@ndhsb.org**